The 154th International Training Course

"Stress Management of Correctional Personnel - Enhancing the Capacity of Mid-Level Staff"

1. Duration and Participants

- From 15 May to 28 June 2013
- Twelve overseas participants (including a course counsellor and two observers) from eight countries/regions
- Seven Japanese participants

2. Programme Overview

From the perspective of stress management of correctional personnel, participants discussed what capacity is necessary for all mid-level staff to manage stress and how to enhance such capacity. The objective of this programme was to give criminal justice officials from the Asia and Pacific region, and other countries, an opportunity to share experiences, to gain knowledge, and to achieve the goals of the criminal justice system by enhancing the capacity of mid-level staff.

3. Lectures

The following visiting experts and ad hoc lecturers, as well as professors of UNAFEI, gave lectures:

• Visiting Experts

• Dr. Rupali JESWAL

CEO

Xiphos-ISS (Intelligence and Security Solutions)

Intelligence & Terrorism Analyst and Operational Psychologist

" 'Mindware' : Understanding Stress and Critical Stress: Learning to Utilize, Regulate and Down-Regulate "

"Leadership is a Strategic Skill "

"Treatment of Offenders: with Focus on Terrorists in Prison"

Mr. David Prescott

LICSW

Director

Professional Development and Quality Improvement for the Becket Family of Services "Risk, Need, and Responsivity I"

"Risk, Need, and Responsivity II"

"Good Lives Model of Sex Offender Treatment"

Ad hoc Lecturers

• Dr. Keiko HONDA

Professor

The Faculty of Education and Integrated Arts and Sciences of Waseda University "Anger Management Programme"

Verifying the Effects"

Mr. Kouji TAKANO

Research Associate

The Faculty of Education and Integrated Arts and Sciences of Waseda University

Mr. Yoshihiko KONISHI

Education Specialist

Education Unit

Nara Juvenile Prison

"Case Study: Enrichment of Education and Work-Related Stress — Introduction of Anger Management in the Nara Juvenile Prison"

• Mr. Yusuke ISHIKAWA

Special Assistant to the Director

Supervision Division

Rehabilitation Bureau

Ministry of Justice

" Special Treatment Programmes for Probation "

- Mr. Satoshi TOMIYAMA
 - S Director

Facilities Division

Minister's Secretariat

Ministry of Justice

Mr. Kakutarou SAKAMOTO

Senior Coordinator

Facilities Division

Minister's Secretariat

Ministry of Justice

"The Correctional Architectures of Japan"

Mr. Koji WATABE
 Principal supervisor
 Classification and Education Division
 Yokohama Prison

Mr. Keiichi NAGANO Education Specialist Classification and Education Division Yokohama Prison "Case Study (Corrections): Guidance on Social Adjustment Education for Foreign Inmates in the Yokohama Prison"

- Mr. Yuko SATOMI
 Probation Officer
 Tokyo Probation Office
 " Case Study (Probation): Stress Management of Probation Officers Practice of Team Care by the Special Treatment Unit of the Tokyo Probation Office"
- Mr. Seiichi MUROI

Professor

Training Institute for Correctional Personnel

"Leadership Theory"

Ms. Mana YAMAMOTO

Chief Supervisor

Classification Unit

Fuchu Prison

"Treatment Programmes for Institutional Corrections in Japan"