

The 2nd International Training Course on Building Inclusive Societies
“Rehabilitation and Social Reintegration of Offenders with Substance Use Disorders”

1. Duration and Participants

- From 8 to 20 March 2023
- 15 overseas participants from 10 countries (Belize, Brazil, Colombia, Egypt, Kenya, Maldives, Nepal, Peru, Samoa and Sri Lanka)
- 2 participants from Japan

2. Programme Overview

Goals 3, 16 and 17 of the 2030 Agenda for Sustainable Development (SDGs) seek to ensure healthy lives for all at all ages and promote peaceful and inclusive societies, and this training course aims to promote the role of criminal justice in achieving such societies. This programme offered participants an opportunity to share experiences and knowledge on effective measures to facilitate rehabilitation and social reintegration of offenders with substance use disorders.

3. The Content of the Programme

(1) Lectures

The following experts from overseas and Japanese experts, as well as UNAFEI faculty members, gave lectures:

- Experts from overseas
 - Mr. Wataru Kashino and Ms. Sanita Suhartono
Prevention, Treatment and Rehabilitation Section
United Nations Office on Drugs and Crime
“Effective treatment interventions for people with substance use disorders in contact with the criminal justice system”
 - Ms. Ingunn Seim
Associate Programme Officer
Deputy Director of the Region West
The Norwegian Correctional Service
“Alternatives to incarceration for offenders with substance use disorders in Norway”
- Japanese experts

- Dr. KOBAYASHI Oji
Psychiatrist, Assistant Hospital Director,
Kanagawa Psychiatric Centre
“Basics of alcohol and drug addiction – Psychopathology and treatment”
- Mr. HIRAHATA Shohei
Deputy Director of the Supervision Division
Rehabilitation Bureau, Ministry of Justice of Japan
“Community corrections for persons with substance use disorders”
- Ms. SUZUKI Rie
Official
Correction Bureau, Ministry of Justice of Japan
“Treatment for drug offenders in penal institutions”
- Dr. HARAI Hiroaki
Psychiatrist, Director,
Harai Clinic
“Motivational interviewing”
- Mr. SHIKANO Akira and Ms. NAKAMURA Mayumi
Tokyo Metropolitan Chubu General Mental Health Welfare Center
“Efforts for measures against drug and alcohol dependence in Tokyo”
- Mr. KATO Takashi
Director, Hachioji DARC
“Activities and community cooperation of the Hachioji DARC”

(2) Individual Presentations

All participants made presentations on the systems, practices, and challenges related to rehabilitation and social reintegration of offenders with substance use disorders in their respective countries. In response to each presentation, questions were asked by participants and a lively Q&A session took place.

(3) Group Workshops (Case Study)

Participants were divided into two groups. The participants discussed a fictional

case of a female offender with substance use disorders and explored appropriate interventions for offenders with substance use disorders for rehabilitation and social reintegration, which is the main topic of this training programme.

The 23-year-old female named “X” in the fictional case used illicit drugs. Based on the facts of the case, one of the following two topics was allocated to each group to discuss: (i) Appropriate criminal justice dispositions against X considering her rehabilitation and reintegration and (ii) Appropriate treatment and interventions to facilitate X’s rehabilitation and reintegration. The results of the discussion were presented by each group.

The discussions of each group referred to their knowledge gained from the lectures in the training programme and their professional experience. The participants constructively discussed and explored the best practices that could be applied to the case, making the most of their respective expertise.

(4) Dialogue with Volunteer Probation Officers (*hogoshi*)

A session to listen to Japanese Volunteer Probation Officers’ (*hogoshi*) experience was held. The participants were divided into two groups and two *hogoshi* joined each group. *Hogoshi* shared their experiences supporting rehabilitation of offenders as community volunteers and took many questions from the participants.

(5) Observation Visits

The participants visited Fuchu prison and a halfway house named Shinsai-kai, where they toured the facility, learned how it is managed and learned about rehabilitation and social reintegration programmes for offenders, including those with substance use disorders.

4. Feedback from the Participants

We received a lot of positive feedback from the participants. They commented that each component of the training programme was useful to improve practices in their country. They also were able to network with the participants from different countries.

5. Comments from the Programming Officer (Professor TANAKA Mii)

The main topic of the training programme was “Rehabilitation and Social Reintegration of Offenders with Substance Use Disorders”. As substance use is a health issue, the programme included a wide range of content, not only in criminal justice and offender rehabilitation, but also in psychology and psychiatry, practices by health care

agencies and peer support organizations, and counselling techniques. Reflecting the wide range of programme content, participants came from diverse backgrounds, including police officers, prosecutors, judges, correctional officers, probation officers, psychologists and NGO staff. The rehabilitation of offenders with substance use disorders is an issue that requires multi-agency collaboration. The programme allowed practitioners from different parts of the justice system to learn and discuss issues together, which helped them realize the usefulness of such collaboration. The participants attended the lectures with great enthusiasm, including some outside their own field of expertise. I hope the insights gained through this programme will help them to improve the measures and practices for the rehabilitation and reintegration of offenders with substance use disorders in their respective countries.